

Meeting protocol Czech European Food Kids

1st day, 4.06.13

Welcome dinner

2nd day 5.06.13

Morning- school kids meeting, participation in the education programme at biostatek farm, interaction with kids and comics discussion with kids

After lunch project meeting

>>Introduction of all participants

- Vojtech Vesely, CZ, wife Lenka, daughter Hedwiga, organic farmer, previous project promoting social farming , CZ
- Sonia from Poland president of AgriNatura foundation PL project partner, founded in 2007, organic farm 120 km from Warsaw, working also with association Social Ecological Institute
- Denmark- cook , teaching also people about good food , gastronomy school
- Kirsten-cook in Vestjyllands Hojskole folkhigh school DK, very healthy food
- Birtha Toft from Vestjyllands Hojskole DK- running the garden of wonder in the school , idea of the garden 9 years ago, will show a movie of the film later. Folk High School is a place where young people come to get some social skills, lot of people coming for dancing, music, organic lifestyle, lot of short courses in the summertime
- Marta from Poland Kwidzyn small city close to Gdansk, have small organic farm , works in eco Eco-initiative association, does mainly handicraft workshops for children and adults, making also ecotoys, has an organic orchard
- Ania from Poland, works in school library in Warsaw commercial high school, has organic farm 90 km from Warsaw
- Eliza Drewnowska, PL, school director from Boguty Pianki very small rural commune, primary school for 97 kids, teacher of biology and nature science, she would like to improve the level of healthy food for children in schools. She is also a farmer not for a long time and also interested in organic food and developing it.
- Thomas, PL, organic farmer, also president of Social Ecological Institute an association existing since 1990 and located in Warsaw but working mainly in rural areas
- Petr Susantin, CZ, everybody calls him Susa. Works in Area viva, as trainer for non formal courses for teachers, has also an organic orchard and works part time in castle garden. Teachers in Czech need to improve social skills. Also working with people with disabilities and wants to develop this, the people need to feel they can be useful.
- Melanie from France, EVS student- European volunteer will stay here 1 year as volunteer in Area Viva CZ different projects, also with WWOOF developing WWOof in Czech
- Alex from DE, manager of Thuringer Oekoherztz, umbrella association for organic agriculture and nature protection, sustainable living styles, focus on Thuringia region, several working focuses, one of them representing organic agriculture and farmers demands to the policy makers, second health nutrition and health nutrition, showing how organic agriculture is working and how to have healthy nutrition, 3rd to raise awareness for organic agriculture products, social farming and so on. Many projects one is this one , one about multifunctional agriculture in Europe- developing social farming projects, ESTO- European specialist in traditional orchards developing a curriculum, part time farmers with 3 ha traditional orchard in Erfurt

- Ute works in Thuringer Oeakohertz, mainly on health nutrition, one project financed by health insurance, mainly on health but Uta want to develop the environmental part and also another way of teaching healthy nutrition, not only the nutrition pyramide, to gave taste for healthy food. How to teach children by for example putting them in an organic farm. Show to children that everything is important and to keep the balance. Show the difference between organic and conventional farming.
- Anette, DE, works in a greenhouse with handicapped people, produce organic tomatoes and cucumbers, cooperation with school in the village , and Thuringer Oeakoherts, kids come to the greenhouse, and also family has chicken farm producing organic eggs
- Simone works with Uta, in Oeakoherts, nutrition and environment projects with kids and schools.

>>Introduction of the FK project

Alex-

3rd meeting Germany- how to get healthy food in school cantes

4th meeting DK- food processing with children, Scandinavian recipes

5th meeting public dinner to present the results , and try how the event works

Results of the project

-comic, super pancake investigating

-toolbox for food nutrition teachers/methodology

We invited external persons to present how environmental health nutrition is working and help develop the results, get some feed back

>>The comic: children 10-13 years

Superpancake investigating how to get the ingredients to make it superpancake, honey, milk, flour and so on, in funny stile on health and nutrition lessons

Remarks for the comic

-Discussion of the characters. Mix first and second version. Make the colours more different. Keep round appearance of first version but to make them less fat.

-one page for one product for the story

-staring point, investigation, then conclusion, small story about the product

-must give the exact text to Igor

-mandatory keywords have to be inside (see keywords table)

-12 stories one each page

Layout and content discussion of the first story (HONEY)

Honey story

-make the behive smaller make images around, or put some of the text or put behive bigger as background picture and also it must have same appearance as the small behive to show clearly it's the same

-put the colours

-problem of sugar feeding the bees is not included. Maybe one more picture with bee complaining about sugar

-have the product at the end as the last picture of each comic

-is the beekeeper good or bad?

-Uta : we can put more information around the story in the toolbox for the teachers

-Simone: but the story has to stand alone

-discussion how to show the beekeeper

-add that there is one mother for 60 000 bees.

- Vojtech: beekeeper is needed in the comic to differentiate from the supermarket
- too add flowers in the picture to show where the honey comes from
- first picture- small boy sees the bee on flour with his glass
- Vojtech has to give the more details to Igor.
- we can show pancake with filling

>>>Toolbox

Tools from teachers, ideas collected from different countries education lessons
 Explanation of the content
 Summary has to be in English
 Ready forms to be filled
 Minimum two per country to put in the toolbox until the next meeting

INTERNAL MEETING

Topics

- Budget in case Dutch partner is out
- Dates of the next meeting in Germany
- Idea about the public event in Poland
- Drop box how to handle it
- New project idea
- Harmonogram for the comic to be updated

1. Drop box and how to handle it. Install it and check. Uta to send the invitation once more to all.
 Don't change anything in download area, only input documents in Upload area.
 Content of the dropbox: finance plan, comic, protocols, letterheads, national networks, meetings, pictures (you can also add your pictures)
 Toolbox with folder for each country to put first stuff inside
2. Budget issues.
 Maybe Rud is out of the project. We have to adjust the budget if so.
 Proposal to cancel the free cards to keep the common budget at similar level (to share 2000 eur comic+ 230 euro logo=2230 euro to share in 4 partners=557 euro).
 Still to be decided: shared costs of public dinner. To be solved before next time.
3. Mid term report until 30 of june.
 To have the same justification if Ruud is out of the project. So Uta will send it to us.
4. New dates for german meeting proposal 21-24 october. Or 2nd possibility November 11-14.
 To be confirmed asap by PL and DK and Cze before the end of next week
5. Topic: how to bring organic food to schools and school canteines.
6. Ideas for the public dinner in Poland. Big public pancake making together. Pot of soup to be cooked outdoor. Some game together will the people with the children. Check eith the school date 5-7 may 14.
7. Comic harmonogram.

Vojtech- finalise with Igor the honey until end of july.

Next draft is egg DE- DE to finalise eggs in august

Vojtech story board for meet and herbs to end of july to be reviewed by partners in june-july.

DE: meet awareness, eggs, eating culture draft until end of august

Poland fruit/jam, vegetables, milk draft until end September

DK: how to make the superpancake, oil , flour until end of the year.

8. New project idea Alex

More cooks able to cook in public cantines organic. How to organize resources, menu and so
Alex looking for partners.